

# Request/Authorization to Release Confidential Records and Information

I hereby authorize:

Person or facility: Rita Gilman, LPC, LMHC

Address: 14-1 Masons Island Road, Mystic, CT 06355

Phone: 617 939-4696, to release information from records about \_\_\_\_\_,

born on \_\_\_\_\_, To: \_\_\_\_\_, Fax number: \_\_\_\_\_

For the following purpose(s): \_\_\_\_\_ Phone number: \_\_\_\_\_

Telephone Consultation

Further mental health evaluation, treatment, or care  Rehabilitation program development or services

Treatment planning  Research  Other: \_\_\_\_\_

These records concern the time between all dates and \_\_\_\_\_.

In the boxes below, the information to be disclosed is marked by an X, the items not to be released have a line drawn through them and, page numbers are indicated when appropriate.

Intake and discharge summaries \_\_\_\_\_  Medical history and evaluation(s) \_\_\_\_\_

Mental health evaluations \_\_\_\_\_  Developmental and/or social history \_\_\_\_\_

Educational records \_\_\_\_\_  Progress notes, and treatment or closing summary \_\_\_\_\_

Other: \_\_\_\_\_

Select only one:

Please forward the records to the address in the letterhead at the top of this form.

Please forward the records to the address written above.

HIV-related information and drug and alcohol information contained in these records will be released under this consent unless indicated here:  Do not release HIV-related information  Do not release drug and alcohol information.

I have had explained to me and fully understand this request/authorization to release records and information, including the nature of the records, their contents, and the likely consequences and implications of their release. This request is entirely voluntary on my part. I understand that I may take back this consent at any time within 90 days, except to the extent that action based on this consent has already been taken. This consent will expire automatically after 90 days from the date on which it is signed, or upon fulfillment of the purposes stated above.

X \_\_\_\_\_  
Signature of client

X \_\_\_\_\_  
Printed name

X \_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of parent/guardian/representative

\_\_\_\_\_  
Printed name

\_\_\_\_\_  
Relationship

\_\_\_\_\_  
Date

I witnessed that the person understood the nature of this request/authorization and freely gave his or her consent, but was physically unable to provide a signature.

\_\_\_\_\_  
Signature of witness

\_\_\_\_\_  
Printed name

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of professional LPC, MHC

\_\_\_\_\_  
Printed name Rita Gilman

\_\_\_\_\_  
Date